

The Eugene Veg Education Network (EVEN) is proud to sponsor

Dr. Will Tuttle

in a lecture - presentation

Healing our World: A Deeper Look at Food
The World Peace Diet



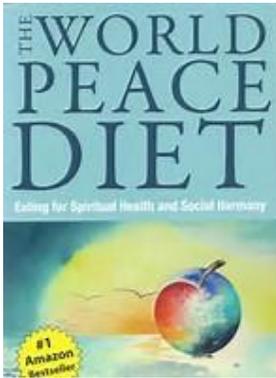
Saturday, 6/24/17, 2pm

Eugene Library
100 W. 10th Av, Eugene OR

[Parking is free on Saturdays in the library's basement garage - Enter from Charnelton Street.]

Presentation is free and open to the public.

More information to come, but **mark your calendars now** and please spread the word to those in your circle.



Author of the best-seller The World Peace Diet, Dr. Will Tuttle delivers an inspiring talk about the hidden dimensions of our culture's food system. You will discover new connections and learn how to make positive changes that nurture wellness, awaken insight and awareness, and bring healing to our world.

"The World Peace Diet is one of the most provocative books I've ever read. This is a deep book, aglow with insights that penetrate and expose the complacency of a culture that has strayed painfully far from compassion." - John Robbins, noted author

See [HERE](#) for flyer and more information.

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Eugene Veg Education Network---EVEN---serving as a vegan resource since 2005---

Check Out [EVEN's News Blog](#) for hundreds of valuable, vegan morsels.

The Eugene Veg Education Network (EVEN) is a 501(c)(3) non-profit serving as a resource for those seeking information on a **healthful, vegan lifestyle**. EVEN's emphasis is one of **non-violence, compassion and sustainability**. Focus is on the **interconnectedness of all life** and how a plant-based diet benefits the earth, non-human animals, and the individual. EVEN's [Mission Statement](#) is **to inform, educate & encourage our members---** as well as the larger community ---by providing information on veganism and its positive impact on the health of the planet and all its inhabitants. www.eugeneveg.org **Peace.**

Did You Know That:

- It takes up to **16 pounds of grain** to produce just **1 pound** of meat!
- Even fish on fish farm must be fed up to **5 pounds of wild-caught fish** to produce **1 pound of farmed fish flesh!**
- It takes **MORE than 2,400 gallons** of water to produce just **1 pound** of meat (while growing 1 pound of wheat only requires 25 gallons)!
- A totally **VEGAN** diet requires **only 300 gallons** of water per day, while a typical **meat-eating** diet requires **more than 4,000 gallons** of water per day!
- It takes **more than 11 times** as much fossil fuel to make **1 calorie** from animal protein as it does to make 1 calorie from plant protein!

Now You Know It!